VIRGINIA MILITARY INSTITUTE
Lexington, Virginia

GENERAL ORDER)
NUMBER 1) 5 October 2026

Operating Rules of the Institute Schedule

1. **Intent, Philosophy, and Operating Guidance of the Institute Schedule.**

A. **Intent**. To provide guidance and a basic framework that facilitates cadet success at VMI.

B. **Philosophy**. The Institute schedule sets the tempo of the cadets' day according to a specific operational blueprint. It provides guidance identifying where cadets will be, and which activities are authorized to be scheduled (and by whom) during specific periods. Constructs such as Academic Class Periods, Dean's Time, Commandant's Time, Superintendent's Time, Evening Activity Time, Evening Study Period, Dean's, ROTC and Commandant's Saturdays are designed to fence blocks of time for specific activities, to prevent members of the Institute from encroaching on others' time, and to add discipline, structure, and clarity to the cadets' lives.

C. **Operating Guidance**. Provides a schedule of events to balance cadets' academic, athletic, military, and life activities to participate in a full VMI experience and qualify for graduation. When a cadet is required to be at more than one place at the same time, it is incumbent upon cadets to prioritize appropriately and de-conflict the situation beforehand – asking forgiveness after the fact is not acceptable.

2. **Week**ly **Schedule**.

A. **Release from Quarters** (RQ) (0600-0700). Cadet time, including rest, except as indicated. No VMI program activities are authorized before 0600 without an approved permit and approval by the Superintendent via the Director for Operations & Planning. On Sundays, this period is 0600-SRC. Standard rules in effect.

B. **Remedial Physical Training (RPT)** (0600-0645, Tue / Fri). Reference General Order 31, Corps of Cadets Physical Training Program. Cadets on RPT with Penalty Tours must attend RPT. RPT is held two times per week for cadets enrolled in the Fitness Improvement Program (FIP).

1) Athletic Department (AD) RPT is primarily executed through the NCAA team activity and AD oversight. The Athletic Department will coordinate with the Commandant's Staff and ROTC Departments to ensure all required fitness assessments / RPT counseling events are completed. AD RPT is executed as follows:

a. NCAA cadet athlete weekly RPT requirements are completed during scheduled team activity under oversight of strength and conditioning staff and team coaches for cadet athletes enrolled in the FIP except as noted below.

b. NCAA "out-of-season" athletic permit cadet athletes placed into Fitness Probation (FitPro) status will complete RPT with their respective ROTC / AUP Service or Regimental Company.

C. **Band Practice** (0600-0715, Mon, Wed, and Fri).

D. **Saturday.** There will be no Corps pre-0800 activities on Saturday. Exceptions include periodic RDC Hero Workouts 0545-0615 and New Cadet training that could require a wake up as early as 0530.

E. **Reveille.** (0700, Mon - Sat).

1) All cadets must be formed for Breakfast Roll Call (BRC) (except for those authorized by an exception covered by the Blue Book or GO 67) must be formed for Breakfast Roll Call (BRC).

2) On Sundays there is no reveille, but there is a weekly 0700 status check.

F. **Breakfast Roll Call and Breakfast** (0700 – 0750, Mon – Sat). This formation is mandatory for all cadets. March down will be IAW the White Book. On Sundays, optional Brunch is served (continental breakfast 0830 – 1000, hot brunch 1000 – 1300). NCAA teams will perform BRC formation accountability in a manner deemed acceptable by the Commandant. Cadets participating in an approved morning physical activity will be authorized in Crozet Hall and barracks in athletic uniforms (gym dyke or similar) until 0800 on days where they are transitioning from practice.

G. **Academic Class Periods (CP).** (0800–1050, 1330-1620 Mon, Wed, Fri) (0800-1205, 1335-1615 Tue, Thu). Cadets must attend all scheduled classes, laboratories, and examinations unless excused by approved permit. When the daily class schedules are swapped (i.e. Wednesday classes are held on a Thursday), the change will only cover the time frame and periods during the Academic Day.

1) Academic Class Periods are scheduled as follows:

Class Period	Monday	Tuesday	Wednesday	Thursday	Friday
1st	0800-0850	0800-0915	0800-0850	0800-0915	0800-0850
2nd	0900-0950	0925-1040	0900-0950	0925-1040	0900-0950
3rd	1000-1050	1050-1205	1000-1050	1050-1205	1000-1050
DRC Formation	1105-1120	1220-1235	1105-1120	1220-1235	1105-1120
Dinner	1120-1230	1235-1320	1120-1230	1235-1320	1120-1230
Training Time	1230-1320	N/A	1230-1320	N/A	1230-1320
4th	1330-1420	1335-1450	1330-1420	1335-1450	1330-1420
5th	1430-1520	1500-1615	1430-1520	1500-1615	1430-1520
6th	1530-1620		1530-1620		1530-1620

**Tuesday and Thursday labs may extend to 1625.*

2) 4th, 5th, and 6th Class Periods on Mon, Wed, and Fri can exist in three different configurations as follows:

   a) MWF 50-minute class periods beginning at 1330 and 1430 (4th and/or 5th CP)

   b) MW 75-minute class periods beginning at 1430 and ending at 1545 (extended 5th CP)

   c) TF 75-minute class periods from 1335-1450 on Tue and from 1330-1445 on Fri (4th CP).

   d) MWF lab periods beginning at 1330 and ending as late at 1620 (using all or part of 4th, 5th, and 6th CP)

   e) Use of 6th Class Period (Mon, Wed, Fri) and 5th Class period (Tue, Thu). Only laboratory courses and other multiple section courses may be scheduled during the final CP each day (no single section courses, except for laboratory courses may be scheduled). Attendance at classes scheduled during these times takes priority over all other activities. The Director of Intercollegiate Athletics is authorized to schedule that time for practice for those athletes that do not have 5th or 6th CPs provided the activities directly support that NCAA team.

3) **Dean's Training Time** (1230-1320 Mon). To be used for academic guest speakers, department meetings, advising, and other activities as prescribed by the Deputy Superintendent for Academics and Dean of the Faculty. Mandatory cadet attendance at a Dean's Time requires compensatory class time. For events starting at 1130 that are mandatory for cadets to attend, lunch must be provided by the requesting department and must have an approved permit.

4) **Commandant's Training Time** (1230-1320, Wed). To be used for corps-wide inspections, practice parade, basic military instruction, and other activities as prescribed by the Commandant.

5) **Superintendent's Training Time** (1230 – 1320, Fri). To be used for cadet regulatory training, Superintendent Directed Activities (Inclusive Excellence Training, Bystander Intervention Training, Title IX Training) and/or other activities authorized by the Director of Operations and Planning.

6) **Saturday Military Duty** (0800 - 1200, Sat.). There are three kinds of Saturday morning duty (Control Time) from 0800 – 1200 designated annually by the Director of Operations & Planning: Academic Control Time, Commandant Control Time and ROTC Control Time.

   a) **Academic Control Saturdays.** Academic and academic support departments may schedule academic activities from 0800 - 1200. Other departments or activities may not schedule activities during the scheduled control times without the permission of the Dean of Faculty. In coordination with the Office of the Dean, academic departments and academic support departments may schedule mandatory activities for cadets. Academic departments and academic support departments may also schedule any activities involving voluntary cadet attendance during that time. All unscheduled time reverts to Cadet Time.

   b) **Commandant Control Time.** The Commandant may schedule activities with cadets from 0800 – 1200. Departments and activities other than the Commandant's Office may not schedule activities from 0800 – 1200 without the permission of the Commandant. All cadets, regardless of NCAA team status, march Saturday morning parades on home football weekends (unless signed out for scheduled team practice or competition). All unscheduled time reverts to Cadet Time.

      i. RDC-led class events, such as marches, will be held on designated Saturday mornings between 0800-1200.

      ii. An event may go beyond noon on Saturday with permission through the Commandant, and the Director for Operations and Planning, to the Superintendent.

   c) **ROTC Control Time.** ROTC departments may schedule activities with cadets from 0800 – 1200. Departments and activities other than the ROTC departments may not schedule activities from 0800 – 1200 without permission of the ROTC Coordinator. All unscheduled time reverts to Cadet Time.

d) **1200 Saturday – SRC Sunday.** Superintendent's Time. Designated as Off Duty Time. Any mandatory activities requested to be conducted during this time must be approved through the Director for Operations and Planning.

i. **Superintendent Directed Events.** All Cadets unless signed out on an approved permit must attend.

ii. **Saturdays.** In-season NCAA teams are authorized to practice or compete on Saturday afternoons in lieu of military duty. Practices may not begin until after the completion of Saturday Morning Duty at 1200 and approved by the Superintendent via the Director, Operations & Planning.

iii. **Sundays. Voluntary Cadet Activities.** (0700 – SRC). During this time, cadets have discretion regarding participation in scheduled activities or events. No mandatory activities may be scheduled prior to 1200. Activities such as Guard, Intercollegiate and club competitions and other similar activities take precedence over voluntary cadet activities. In-season NCAA teams are authorized to practice or compete on Sunday afternoons in lieu of any military duty. Practices may not begin until after 1200 unless approved by the Superintendent via the Director, Operations & Planning.

e) **Dinner Roll Call (DRC)** (1105 – 1120, Mon, Wed, Fri) (1215 – 1235, Tue, Thu). This formation is mandatory for all cadets. Cadre will march rats / new cadets down to Crozet Hall. All other cadets wishing to eat immediately following the formation will march down in accordance with the White Book. During the academic year, rats / new cadets are authorized to eat with their academic advisors in Crozet Hall during the dinner hour twice a month or participate in language tables on a voluntary basis.

i. Rat / new cadets march back to barracks after dinner by the cadre in company formation, receive brief information for the remainder of the day, and are dismissed to resume the academic day.

ii. All NCAA athletes will participate in the DRC formation except for those athletes who are signed out on an approved permit.

iii. Cadets with a 3rd CP requiring wear of a uniform different than the Class Dyke will attend the DRC formation in the uniform worn to the 3rd CP class. For example, a cadet with an HPW swim class will wear the prescribed uniform for the 3rd CP class to the DRC formation. If an ROTC cadet is required to wear OCPs to their 3rd CP class at the NP Firing Range that day, they will wear the OCP uniform to the DRC formation.

f) **Brunch** (Saturday, 1030 – 1330, Sunday, 1100 - 1330). For Saturday home football games cadets must eat in time for the pre-game march down formation.

3. **Military Duty (MILDUTY)** (1635– NLT 1900 on Mon, Fri) (1635 – 1835, Wed) (1635 – NLT 1835 on Tue, and 1755 on Thu). Military duty is for Intercollegiate Athletics, Club Sports, Rat Challenge, Penalty Tours, and other physical training. Mondays and Thursdays are reserved for Physical Training Time, Tuesdays and Wednesdays are reserved for Rat Challenge, Wednesdays are reserved for Penalty Tours, and Fridays are reserved for parades. Friday parades have priority over other events, except for in-season intercollegiate sports. Unscheduled time reverts to Cadet Time. For the activities listed below, all practices may begin ten minutes after the last scheduled class period ends for the academic day.

   A. **Physical Training Time** (1635 – 1830, Mon) (1635 – 1755, Thu).

      1) Two blocks of time during the Weekday Schedule are designated as Physical Training Time (PTT). PTT is the primary opportunity for the corps to conduct mandated physical conditioning and training sessions.

         a) The ROTC / AUP departments have primary responsibility for the conduct of physical training during this period. Most 3rd and 4th Class cadets and all contracted and commission seeking 1st and 2nd Class cadets must participate with their respective ROTC departments during the PTT sessions. There are some exceptions authorized in accordance with ROTC regulations and as approved by the Superintendent via the Director for Operations & Planning.

         b) The Commandant is responsible for the physical training of all non-commissioning 1st and 2nd Class cadets and some exempted (international cadets) non-commissioning 3rd and 4th Class cadets.

         c) The Director of Intercollegiate Athletics may schedule in-season athletic team activities on Monday and Thursday and out-of-season athletic team activities on Mondays (except for those 1/C and 2/C cadets seeking a commission and all 3/C and rats / new cadets who will attend PTT). NCAA athletes are not authorized to remain in barracks or academic buildings during PTT, unless they are signed out on an approved permit.

         d) AD PTT is executed through scheduled NCAA team activity during both "In Season" and "Out of Season" segment athletic permit. *Scheduled team activity (practice, workout, etc.) is PTT for NCAA cadet-athletes*. AD PTT is executed as follows:

            i. NCAA "In-Season Segment" Athletic Permit Periods. NCAA cadet-athletes are excused from ALL Service ROTC and Non-Commissioning PTT sessions during "In-Season Segment" athletic permit periods.

            ii. NCAA "Out-of-Season Segment" Athletic Permit Periods. NCAA Cadet-Athletes on a ROTC scholarship and/or contracted to commission will participate in PTT with their respective ROTC/Coast Guard AUP unit during "Out-of-Season Segment" athletic permit periods **whenever there is no daily organized team activity scheduled for a designated PTT period** (i.e. no morning lift or afternoon

practice session). Non-commissioning NCAA cadet-athletes will participate in Regimental Company PTT whenever there is no daily organized team activity scheduled for a designated PTT period.

e) To take advantage of NCAA rules, during the 30-day period prior to the official beginning of basketball season (mid-September to mid-October), the basketball team, while in out of season permit status, is authorized to meet/train during Physical Training Time (PTT) on Thursday. The wrestling team, while in out of season status, is authorized to meet/train during PTT on the three Thursdays prior to the official beginning of wrestling season.

B. **Intercollegiate Athletic Practice.**

1) **In-season NCAA Teams** practice Mon-Fri. In-season practices Monday through Friday will be conducted from 1635-2000. This allows for the practice times to be executed through 1930 with 30 minutes of recovery.

2) **Out-of-season NCAA Teams** practice Mon-Fri. Teams that are out–of-season are required to march in any scheduled Friday parade. In the absence of a scheduled Friday parade, teams will be authorized to utilize this time for practice. Following a scheduled Friday parade, teams are authorized to use the time from completion of military duty to 1900 for strength training, fitness training, and individual workouts with coaches.

C. **Club Sports practice Mon – Fri.** Cadet club sports are administered and approved by the Commandant. They meet, practice, and compete in accordance with their permit. All club sport cadets march in the scheduled parades on Fridays. The schedule for competition for all sports clubs must be coordinated through the Commandant and Operations & Planning. Penalty Tours, New Cadet Military Training, Rat Challenge, and RDC training take precedence over club sports for new cadets, and new cadets must be approved by permit to miss any cadet training to attend club sports. If a cadet has penalty tours, they are required to march PTs on Wednesdays during Military Duty.

1) Tier 1 Club Sports Teams (Boxing, Rugby, Hockey, Ranger Challenge, Naval Special Warfare, and USAF Special Warfare) practice Mon-Fri. (Reference GO 67 for tier details).

2) Tier 2 and 3 Club Sports Teams practice Tue-Thu (Reference GO 67 for tier details).

D. **Rat Challenge** (1635 – 1835, Tue and Wed). During the fall semester through Founder's Day observance, all non-NCAA rats participate in Rat Challenge administered by the Department of Human Performance and Wellness (DHPW). Several Rat Challenge events may extend past the 1835 end time, and the DHPW may complete these events while ensuring cadets are returned to barracks NLT 1845 to ensure hygiene time prior to SRC. In the event of forecasted inclement weather cancelling Rat Challenge on either Tuesday or Wednesday, DHPW may use alternate days that are planned in their schedule as make-up days. Coordination between DHPW and the Deputy Commandant for Operations (S3) will proceed as follows:

1) NLT 1200 on the planned Rat Challenge Day, DHPW will notify the S3 of the decision to cancel.

2) If approved Rat training is available, Cadre may conduct Rat training during the canceled Rat challenge period.

E. **New Cadet Training** (1635-1835, Tue, Wed and Fri). New Cadet Training will be conducted on Fridays when there is no scheduled parade during military duty.

F. **Penalty Tours** (1300-1600 Sat-Sun).

1) Cadets with penalty tours will march them every Saturday and Sunday from 1300 to 1600.

2) Cadets on NCAA in-season permits may be unable to attend mandatory PTs as scheduled. In lieu of marching, these in-season cadet-athletes must attend a mandatory study hall from 2030-2215 on Monday, Tuesday, and Thursday evenings.

a) One PT credit will be given for each 50-minute session, and in-season athletes may only receive three PT credits per week by attending the Academic Study Hall.

b) In the event the study hall conflicts with required attendance at an event during the Evening Activity Time, cadet athletes are excused from the first hour and fifteen minutes of study hall but must report to study hall immediately after the required event. Cadet athletes will not receive PT credit for the missed time but may attend other study hall periods for credit.

3) Cadets on NCAA out-of-season permits are allowed to attend NCAA Athletic Department's Study Hall but are not permitted to earn PT credit.

4) Mandatory PTs must be marched by Tier 1 Club Sports IAW GO 67.

5) Cadets on the GIM and unable to march will report to mandatory PTs and either remain at the PTs for their entirety or are assigned a PT detail.

6) Cadets may not miss any academic duty or military duty to march Penalty Tours.

7) Cadets who have PTs and are on the GIM and are not allowed to march have priority for PT details.

8) Cadets may perform work details pre-approved by the Commandant's office for PT credit. Only the Commandant or his staff may approve PT details. Each PT work detail is 50 minutes long.

9) Cadets may request to serve room confinement for a specified period to complete required penalty tours with the pre-approval of the Commandant. Room confinement requirements can be found in the Blue Book.

10) At the Commandant's discretion, a mandatory penalty tour period may be scheduled during Commandant's Time on Wednesdays from 1230-1320.

11) Cadet athletes march PTs on Sundays unless they have a scheduled event. Out-of-season athletes must march PTs on Saturday unless they have a scheduled event.

12) On those Saturdays when PTs are cancelled due to mandatory attendance at home football or basketball games, no PT credit is given.

13) Club sports participants must attend Saturday and Sunday PTs unless actively participating in a competition.

G. **Parade and Parade Practice.**

1) Parade Practice will be conducted on Wednesdays from 1635-1800 whenever possible. They may be held on other weekdays during MILDUTY minus Rat Challenge personnel and are not to interfere with PTT unless approved by the ROTC Departments.

2) Friday Parades will step off at 1700. The 30 minutes prior to step off will be used to conduct officer's calls, form the regiment, and for the Band Company to tune and warm up.

3) RDC-led class events, such as marches, may be held on designated Friday afternoons during Mil-Duty when there is not a parade.

H. **Release from Quarters (RQ)** (Completion of Military Duty to 1930 on Weekdays; on weekends until SRC and end of SRC to Taps.) RQ/General Permit is in effect for cadets with full class privileges.

I. **SRC.** SRC is held at 1830 on Weekends. Cadets will march down in accordance with the White Book. All other cadets move to Crozet Hall on their own schedule. Throughout the week, Crozet Hall is accessible for walking down and eating from 1730-2030. During the week, Supper must conclude NLT 1920 for designated cadets and/or Rats to quickly transition to the Regimental Training Time block and then subsequent Evening Academic Time (EAT).

J. **Regimental Training Time** (1930-2000, Mon – Fri). Regimental Training Time will be scheduled as follows:

1) Monday: Ad hoc training date for cadet leaders to conduct non-Rat specific training if desired.

2) Tuesday: Regimental / Battalion training and meeting time. This allows the staff to push out information that was discussed at the weekly cadet training meeting earlier in the day.

3) Wednesday: Company training and meeting time. This is not cadre training of the Rats.

4) Thursday: Organized Rat training by cadre.

5) Friday: Ad Hoc training date for cadet leaders to conduct non-Rat specific training if desired. Due to being late on a Friday, this may be used sporadically.

6) With prior coordination and approval by the Commandant, ROTC may use some Regimental training time to prepare ROTC cadet staff for major events such as FTXs.

K. **Evening Activity Time (EAT)** (2030 – 2145, Mon – Thu) Only academic events can be mandatory during this time. Cadets may be required to attend lectures or other academic activities during EAT Monday through Thursday. These activities must end by 2145. Cadets may voluntarily remain to participate in further discussion with the lecturer. Mandatory cadet attendance at an evening event requires compensatory class time. Faculty may not routinely schedule a make-up class during Evening Activity Time. All events scheduled during this time must be scheduled through the Dean's Office by submitting an Event Form in 25Live. All other scheduled events are voluntary unless otherwise designated by the Dean's Office. No mandatory non-academic activities may be scheduled during this time. Any mandatory scheduled event should not commence prior to 2030 to allow for a 30-minute transition period (Cadet Time) between the end of Regimental Training Time and beginning of an event / class with the exception of a mandatory academic guest speaker, which may begin earlier than 2030 with an approved permit.

L. **Cadet Evening Activities.** The following cadet activities may be scheduled by submitting an Event Form in 25Live at the following times:

1) **General Committee Activities:** Times allotted for these activities are on Tuesday evening between 2040-2145.

a) Summons to the General Committee (GC) for adjudication of disciplinary matters are not voluntary and cadets must comply with that summons. If a cadet has a mandatory academic event at the same time as the General Committee meeting, the academic event takes precedence over the GC meeting.

b) Each class may meet up to two times per semester. Cadet leaders will deconflict the class meeting time and location through the Commandant's Operations Officer. These meetings should be scheduled in 25Live and mandatory academic events take precedent over class meetings.

M. **Evening Study Period** (2145-2315). No non-academic activities may be scheduled during this time without the approval of the Dean of Faculty. The intent of this period is to provide the maximum opportunity for cadets to focus on academic excellence. The period is reserved for study, homework, and preparation of academic requirements. All events during this period must be scheduled through the Dean's Office by submitting an Event Form in 25Live. Cadet leaders may not task any cadet to complete any chain-of-command or class duties or requirements during the Evening Study Period.

N. **RDC Activities**: See Addendum at the end of this document for guidance and approved activities for the current School Year.

O. **Call to Quarters - Release in Barracks (CQRB)** (2315 – 2330, Sun - Thu; 2345 – 2400 Fri, Sat). The brief period of the duty day provides a break in academic studies immediately prior to the conclusion of the duty day at Taps. Unless otherwise authorized, cadets return to barracks before Taps.

P. **Lights Out** (2245 every day). Cadets may use a desk lamp from 2245 - 2330 and all overhead lights should be out at 2245.

Q. **Taps** (2330, Sun – Thu; 2400, Fri, Sat). All cadets must be in their assigned barracks room or other "All Right" locations if taking Late Study.

R. **Late Study.** Authorized in academic buildings and the Barracks Study Room IAW the Blue Book or as amended by approved permit.

S. **Cadet Rest (**2330 – 0600, every day). Cadets must be in their assigned barracks rooms at 2330 unless authorized late study. Hygiene (showering) is permitted during cadet rest after Taps and after CQ has been declared.

4. **Guard and Special Duty Requirements**. Cadets may be required to participate in guard and special duty requirements in accordance with published VMI regulations.

   A. In-season NCAA teams are not required to serve on the Guard Team.

   B. Out-of-season NCAA teams will serve on the Guard Team.

5. **Educational Trips**. Trips may be conducted in accordance with VMI Policy.

6. **Religious Activities.** As a rule, VMI-sanctioned religious activities may be scheduled from 2030-2145.

   A. Prayer breakfasts are authorized to be scheduled on any day of the week.

B. Dinner Bible Study is authorized on any day of the week provided cadets attend DRC and any scheduled training time (Dean, Commandant or Superintendent) on Monday, Wednesday, and Friday

C. Supper Bible study is authorized any day of the week.

D. Religious activities involving off-post churches or locations are authorized on a case-by-case basis via permit and the Blue Book.

E. Religious Retreats. Cadets may voluntarily participate by permit in one religious weekend retreat per semester; involvement in additional retreats is handled by permit on a case-by-case basis.

7. **Field Training Exercises (FTX).** Field Training Exercises are conducted in the fall and spring during each academic year.

A. Fall FTX begins at the completion of academic duty on a Friday and ends at 1800 on the following Sunday.

B. Spring FTX begins at the completion of academic duty on a Friday and ends at 1800 the following Tuesday.

C. All service ROTC and AUP units and Non-Commissioning Cadets participate in FTXs. Non-commissioning members of the 1st and 2nd Class and exempted (international cadets) of the 3rd and 4th Class participate in Career Development and Community Service activities specified by the Commandant during this period.

D. It is the Superintendent's intent that all cadet athletes participate in at least one FTX (fall or spring) during each academic year (Reference GO 83).

8. **Corps Furloughs, Holidays, and Leaves.**

A. Furloughs and Holidays - Winter, spring, Thanksgiving, and summer furloughs are addressed in a separate VMI Numbered Memoranda.

B. B. Cadet Leave is considered a privilege, and a cadet must be eligible to obtain it. See VMI Blue Book for information pertaining to leave authorization and departure and return times.

9. **Intercollegiate Athletics Home Competitions.**

A. The Intercollegiate Athletic Department schedules athletic contests within the time frame mandated by the NCAA and the conference master schedules, and in accordance with the Institute Schedule. Team competitions will be scheduled to avoid the academic day as much as possible. Football is normally played on Saturday afternoons; Basketball will be scheduled at night and on the weekends; Outdoor sports will schedule team competitions after the academic day whenever possible and principally on weekends (some events may

be scheduled during class time because of limited daylight hours.) Indoor sports will schedule team competitions after the academic day and on weekends.

B. Scheduling will avoid team competitions during the exam period or the day or night before a final exam. Preference is to provide two days between each athletic event and first exam of athletes.

C. Conference commitments may require some basketball and baseball games to be scheduled during the exam period. The Athletic Director is committed to minimizing these cases. Non-athletes cannot be required to attend these events on Reading Day or during the Final Exam Period.

D. Saturday and Sunday non-football team competitions will generally not start until 1200; however other NCAA competitions may be scheduled in the mornings of home football game days. Multi-team tournaments may require morning competitions on weekends and holidays.

10. **Miss Class Permit for NCAA Athletes.** Cadet-athletes act IAW the Blue Book.

11. **NCAA Pre-Post Competition Rest and Recovery Permit.** Cadet-athletes act IAW the Blue Book.

FOR THE SUPERINTENDENT:

Travis Homiak
Colonel, U.S. Marine Corps (Ret.)
Chief of Staff

OPR: IPC

DIST: E, Cadets

Attachments – Annex 1, Daily Cadet Schedule

FINAL CADET DAILY SCHEDULE (BRC / DRC) FL26 CALENDAR

MONDAY

TIME	EVENT
0600 – 0700	Morning CQ
0600 – 0715	Optional NCAA / Select Club Practice
0700 – 0750	BRC
0800 – 0850	1st Class Period
0900 – 0950	2nd Class Period
1000 – 1050	3rd Class Period
1105 – 1120	DRC Formation
1120 – 1230	Dinner
1230 – 1320	Dean's Training Time
1330 – 1420	4th Class Period
1430 – 1520	5th Class Period
1530 – 1620	6th Class Period
1635 – 1830	ROTC / CMDT PTT
1635 – 1930	NCAA Practice
1635 – 1900	Tier I Club
1730 – 2030	Mess Hall Open
1930 – 2000	NCAA Recovery & Hygiene
1930 – 2000	REGT Training Time
2030 – 2145	Evening Activity Time
2145 – 2315	Evening Study Period
2315 – 2330	CQRB
2330	Overhead Lights Out
2330	TAPS
2330	All Lights Out REST

TUESDAY

TIME	EVENT
0600 – 0700	Morning CQ Remedial PT (ends 0645)
0600 – 0715	Optional NCAA / Select Club Practice
0700 – 0750	BRC
0800 – 0915	1st Class Period
0925 – 1040	2nd Class Period
1050 – 1205	3rd Class Period
1220 – 1235	DRC Formation
1235 – 1335	Dinner
1335 – 1450	4th Class Period
1500 – 1615	5th Class Period [Labs may extend to 1625]
1530 – 1620	6th Class Period
1635 – 1835	Rat Challenge
1635 – 1930	NCAA Practice
1635 – 1900	Tier I Club Tier II / III Club
1730 – 2030	Mess Hall Open
1930 – 2000	NCAA Recovery & Hygiene
1930 – 2000	REGT Training Time
2030 – 2145	Evening Activity Time
2145 – 2315	Evening Study Period
2315 – 2330	CQRB
2330	Overhead Lights Out
2330	TAPS
2330	All Lights Out REST

FINAL CADET DAILY SCHEDULE (BRC / DRC) FL26 CALENDAR

WEDNESDAY

TIME	EVENT
0600 – 0700	Morning CQ
0600 – 0715	Optional NCAA / Select Club Practice
0700 – 0750	BRC
0800 – 0850	1st Class Period
0900 – 0950	2nd Class Period
1000 – 1050	3rd Class Period
1105 – 1120	DRC Formation
1120 – 1230	Dinner
1230 – 1320	CMDT's Training Time
1330 – 1420	4th Class Period
1430 – 1520	5th Class Period
1530 – 1620	6th Class Period
1635 – 1735	Practice Parade
1635 – 1835	Rat Challenge
1635 – 1930	NCAA Practice
1635 – 1900	Tier I Club Tier II / III Club
1730 – 2030	Mess Hall Open
1930 – 2000	NCAA Recovery & Hygiene
1930 – 2000	REGT Training Time
2030 – 2145	Evening Activity Time
2145 – 2315	Evening Study Period
2315 – 2330	CQRB
2330	Overhead Lights Out
2330	TAPS
2330	All Lights Out REST

THURSDAY

TIME	EVENT
0600 – 0700	Morning CQ Remedial PT (ends 0645)
0600 – 0715	Optional NCAA / Select Club Practice
0700 – 0750	BRC
0800 – 0915	1st Class Period
0925 – 1040	2nd Class Period
1050 – 1205	3rd Class Period
1220 – 1235	DRC Formation
1235 – 1335	Dinner
1335 – 1450	4th Class Period
1500 – 1615	5th Class Period [Labs may extend to 1625]
1530 – 1620	6th Class Period
1635 – 1755	ROTC / CMDT PTT
1635 – 1930	NCAA Practice
1635 – 1900	Tier I Club
1730 – 2030	Mess Hall Open
1930 – 2000	NCAA Recovery & Hygiene
1930 – 2000	REGT Training Time
2030 – 2145	Evening Activity Time
2145 – 2315	Evening Study Period
2315 – 2330	CQRB
2330	Overhead Lights Out
2330	TAPS
2330	All Lights Out REST

FINAL CADET DAILY SCHEDULE (BRC / DRC) FL26 CALENDAR

FRIDAY

TIME	EVENT
0600 – 0700	Morning CQ Remedial PT (ends 0645)
0700 – 0750	BRC
0800 – 0850	1st Class Period
0900 – 0950	2nd Class Period
1000 – 1050	3rd Class Period
1105 – 1120	DRC Formation
1120 – 1230	Dinner
1230 – 1320	SUP's Training Time
1330 – 1420	4th Class Period
1430 – 1520	5th Class Period
1530 – 1620	6th Class Period
1635 – 1930	NCAA Practice
1635 – 1900	Tier I Club Tier II / III Club
1700 – 1800	Parade
1730 – 2030	Mess Hall Open
1930 – 2000	NCAA Recovery & Hygiene
1930 – 2000	REGT Training Time
2345 – 2400	CQRB
2400	TAPS REST

SATURDAY

TIME	EVENT
0600 – 0700	Morning CQ
0700 – 0750	BRC
0800 – 1200	Dean's / CMDT / ROTC Saturdays per published schedule
1030 – 1330	Brunch Cadet Walkdown
1300 – 1600	Penalty Tours CMD | SRC RQ
1830	SRC CQRB RQ
2345 – 2400	CQRB
2400	TAPS REST

SUNDAY

TIME	EVENT
0600 – 0900	RQ
0700	Status Check
0700 – 1900	RQ
1100 – 1330	Brunch
1300 – 1600	Penalty Tours
1830	SRC
2315 – 2330	CQRB
2330	Overhead Lights Out
2330	TAPS
2330	All Lights Out REST

ADDENDUM
Re: General Order #1 Operating Rules of the Institute
Date: 2 October 2026

This Addendum supplements General Order #1, dated 1 October 2026 concerning the Operating Rules of the Institute.

1. **Purpose.** The purpose of this Addendum is to document the guidance and authorized activities specific to VMI's AY 26-27 and should not be considered valid outside of AY 26-27.

2. **Additional Policy Information**. During AY 26-27, the following activities and events are authorized:

   a) RDC Activities.

      1) All RDC activities will be supervised by one or more members of the Commandant's staff.

      2) Sweat Parties. No more than eight x 15-minute Sweat Parties may be scheduled and conducted during a Rat Line without Superintendent approval. Times allotted for these activities are Monday through Saturday morning between 0545-0615 but will typically occur on Wednesday.

   b) RDC Trials. Select rat / new cadet that have shown breaches of discipline attend a hearing in accordance with the White Book. Times allotted for these activities are Sunday evening from 2300-2330 (1 per week).

   c) Gross Misconduct Workout (Hero Workout). Designated Monday through Saturday mornings between 0545-0615. Cadets found guilty during an RDC Trial attend Gross Misconduct workouts.

   d) Stoop Patrols. Members of the RDC patrol the 4th stoop during CQRB (2315-2330).

   e) In one week, only three out of the four events can be conducted. The four events are Stoop Patrol, Sweat Parties, Hero Workouts, and RDC Trials.

3. Effective Date / Applicability. **This addendum is effective as of 1 October 2026 and will run through the end of SY 26-27.**

4. This Addendum will be reviewed, updated, and approved annually prior to the beginning of each school year to capture all authorized policies in addition to the General Order #1 base document.

5. Contact the VMI Operations & Planning Office with any questions regarding this Addendum.