VIRGINIA MILITARY INSTITUTE
Lexington, Virginia

GENERAL ORDER)
NUMBER 01) 28 July 2025

Operating Rules of the Institute Schedule

1. **Intent, Philosophy, and Operating Guidance of the Institute Schedule.**

   A. **Intent**. To provide guidance and a basic framework that facilitates Cadet success at VMI.

   B. **Philosophy**. The Institute Schedule sets the tempo of the cadets' day according to a specific operational blueprint. It provides guidance identifying where the cadet will be, and which activities are authorized to be scheduled (and by whom) during specific periods. Constructs such as Academic Class Periods, Dean's Time, Commandant's Time, Superintendent's Time, Evening Study Period, Dean's, ROTC's and Commandant's Saturdays, and the like are designed to fence blocks of time for specific activities, to discipline the members of the Institute against encroaching on others, and to add discipline, structure, and clarity to the cadet's life.

   C. **Operating Guidance**. Provides a schedule of events to balance a cadet's academic, athletic, military and life activities to participate in a full VMI experience and qualify for graduation. When a cadet is required to be at more than one place at the same time, it is incumbent upon the *cadet* to de-conflict the situation prior to that time – asking forgiveness for an absence after the fact is not an acceptable course of action.

2. **Weekday Schedule** (1900 Sun - Taps Fri).

   A. **Reveille.** (0700, Mon - Fri). All cadets (except for those involved in ROTC designated physical training or authorized athletic/club practice) must be formed for Breakfast Roll Call (BRC).

   B. **Breakfast Roll Call and Breakfast** (0700 – 0750, Mon – Fri). This formation is mandatory for all cadets. Cadets who have a first CP class march to Crozet Hall for this meal. Underclass and 1st Class cadets wishing to eat in the mess hall immediately following BRC formation should march to Crozet Hall.

      1) New Cadets are marched back to barracks after breakfast by the cadre in company formation, receive brief information for the day, and are dismissed to prepare for the rest of the day.
      2) NCAA Stipulations for BRC.
         All NCAA Teams will have the ability to schedule morning activities starting from 0600 to 0715. When participating in morning activities, teams will be excused from the BRC formation, accountability will be performed by the team in a manner deemed acceptable by the Commandant. NCAA Athletes will be authorized in

Crozet Hall and Barracks in athletic uniforms (gym dyke or similar) until 0800 on days where they are transitioning from practice. Athletic uniforms must be relatively clean.

3) ROTC Stipulations for BRC. When participating in morning PT from 0600-0715, cadets will be excused from BRC formation and accountability will be performed by the respected ROTC program. ROTC cadets will be authorized in Crozet Hall in physical training uniform (gym dyke or similar) until 0800 on days they are transitioning from scheduled physical training. Physical Training uniforms must be relatively clean.

C. **Academic Class Periods (CP)**. (0900 – 1530, Mon, Wed, Fri) (0800-1530 Tue, Thu). The primary duty for cadets during the Academic Class Periods is the attainment of excellence in the academic program. Cadets must attend all scheduled classes, laboratories, and examinations unless excused by the Superintendent, Dean of Faculty, or Institute Physician. When the daily class schedules are swapped (i.e. Wednesday Classes held on a Thursday), the change will only cover the time frame and periods during the Academic Day (0800 – 1530). Academic Class Periods are scheduled as follows:

Class Period	Monday	Tuesday	Wednesday	Thursday	Friday
1st	0900-0950	0800-0915	0900-0950	0800-0915	0900-0950
2nd	1000-1050	0925-1040	1000-1050	0925-1040	1000-1050
3rd	1100-1150	1050-1205	1100-1150	1050-1205	1100-1150
Unscheduled Academic Time	1150-1235	1205-1250	1150-1235	1205-1250	1150-1235
4th	1235-1325	1250-1405	1235-1325	1250-1405	1235-1325
5th	1335-1425	1415-1530	1335-1425	1415-1530	1335-1425
6th	1435-1525		1435-1525		1435-1525

**Tuesday and Thursday labs may extend to 1540.*

1) 4th, 5th, and 6th Class Periods on Monday, Wednesday, and Friday can exist in three different configurations as follows:
   a. MWF 50-minute class periods beginning at 1235 and 1335 (4th and/or 5th CP)
   b. MW 75-minute class periods beginning at 1335 and ending at 1450 (extended 5th CP)
   c. MWF lab periods beginning at 1235 and ending as late at 1525 (using all or part of 4th, 5 th, and 6th CP)

d. **Use of 6th Class Period (M, W, F) and 5th Class period (Tu, Th)**. Only laboratory courses and other multiple section courses may be scheduled during the final CP each day (no single section courses, with the exception of laboratory courses may be scheduled). Attendance at classes scheduled during these times takes priority over all other activities. The Director of Intercollegiate Athletics is authorized to schedule that time for practice and other directly related activities in support of NCAA athletic teams, for those athletes that do not have 6th or 5th CP.

D. **Dean's Time** (M 0800 - 0850)**.** To be used for academic guest speakers, departmental meetings and advising, and other activities as prescribed by the Deputy Superintendent for Academics and Dean of the Faculty. Mandatory cadet attendance at a Dean's Time requires compensatory class time.

E. **Commandant's Time** (W 0800 - 0850)**.** To be used for corps-wide inspections, practice parade, basic military instruction, and other activities as prescribed by the Commandant.

F. **Superintendent's Time** (F 0800 - 0850). To be used for cadet Inclusive Excellence Training, Bystander Intervention Training, Title IX Training, and other activities as authorized by the Assistant Superintendent of Operations and Planning.

G. **Physical Training Time**(M 1600-1800 and 0600-0715 Tu-Fri).

1) Physical Training Time (PTT) is blocked from 0600 - 0715 Tuesday through Friday and from 1600 - 1800 on Monday for respective ROTC/AUP programs, the Commandant of Cadets, and the Athletic Department (AD) to execute PTT at least twice a week. ROTC/AUP programs, the Athletic Director, and Commandant of Cadets have full discretion of the physical training activities scheduled during PTT provided activities are overseen by professional staff and coaches.
   a. CMDT/ROTC/AUP PTT blocks are as follows
      i. Mon 1600-1800: All cadets (excluding NCAA student-athletes participating in scheduled team activity)
      ii. Wed 0600-0715: AFROTC, CG AUP, and Commandant's Staff
      iii. Thur 0600-0715: AROTC
      iv. Fri 0600-0715: NROTC
   b. AD PTT is executed through scheduled NCAA team activity during both "In Season" and "Out of Season" segment athletic permit. ***Scheduled team activity (practice, workout, etc.) is PTT for NCAA student-athletes***. AD PTT is executed as follows:
      i. NCAA "In Season Segment" Athletic Permit Periods. NCAA student-athletes are excused from ALL Service ROTC and Non-Commissioning PTT sessions during "In Season Segment" athletic permit periods.
      ii. NCAA "Out of Season Segment" Athletic Permit Periods. NCAA Student-Athletes on a ROTC scholarship and/or contracted to commission will participate in PTT with their respective ROTC/Coast Guard AUP unit during "Out of Season Segment" athletic permit periods **whenever there is no daily organized team activity scheduled for a designated PTT period** (i.e. no morning lift or afternoon practice session). Non-commissioning NCAA student-athletes will participate in Regimental Company PTT whenever there is no daily organized

team activity scheduled for a designated PTT period.

2) Remedial Physical Training (RPT) is held two times per week for cadets enrolled in the Fitness Improvement Program (FIP). Cadets enrolled in FIP will conduct RPT as follows:
   a. CMDT/ROTC/AUP RPT blocks are as follows:
      i. Tu 0600-0715: AFROTC, AROTC, CG AUP, and Commandant's Staff cadets enrolled in FIP
      ii. Wed 0600-0715: AROTC and NROTC cadets enrolled in FIP
      iii. Thur 0600-0715: AFROTC, NROTC, CG AUP, and Commandant's Staff cadets enrolled in FIP

      NOTE: AFROTC cadets will complete Thursday RPT sessions with the assigned Regimental company versus with AFROTC cadre
   b. AD RPT is primarily executed through NCAA team activity and AD oversight. The Athletic Department will coordinate with the Commandant's Staff and ROTC departments to ensure all required fitness assessments/RPT counseling events are completed. AD RPT is executed as follows:
      i. NCAA student athlete weekly RPT requirements are completed during scheduled team activity under oversight of strength and conditioning staff and team coaches for student athletes enrolled in the FIP except as noted below.
         1. ***NCAA "out of season segment" athletic permit student-athletes placed into Fitness Probation (FitPro) status will complete RPT with their respective ROTC/AUP Service or Regimental Company.***
3) See General Order 31, *Corps of Cadets Physical Training Program*, for further information regarding PTT and RPT.

H. **Penalty Tours (PTs)** PTs for all cadets with penalty tours.
   1) Cadets with penalty tours will march them every Wednesday from 1545 to 1745 and every Saturday from 1300 to 1600. In-season cadet-athletes will attend NCAA Athletic Department Study Hall as described in paragraph 4) below.
   2) Cadets with Penalty Tours may also march them off during the prescribed times in the table below. Cadets may not miss any academic duty or military duty to march Penalty Tours.
   3) Penalty Tours may be marched during the times listed below. Highlighted times are mandatory penalty tour marching periods for cadets with penalty tours. In- season cadet-athletes will follow paragraph 4) below.

Class Period	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st	0900-0950	0800-0915	0900-0950	0800-0915	0900-0950	
2nd	1000-1050	0925-1040	1000-1050	0925-1040	1000-1050	
3rd	1100-1150	1050-1205	1100-1150	1050-1205	1100-1150	
4th	1235-1325	1250-1405	1235-1325	1250-1405	1235-1325	1300-1400
5th	1335-1425	1415-1530	1335-1425	1415-1530	1335-1425	1400-1500
6th	1435-1525		1435-1525		1435-1525	1500-1600
			1545-1645			
			1645-1745			

4) Cadets on NCAA in-season permits athletes may attend the NCAA Athletic Department's Study Hall on Monday, Tuesday, and Thursday from 2000-2200 hours. 1 PT credit will be given for each 50 minutes session. In-Season athletes may only receive 3 PT credits per week by attending Academic Study Hall. In- season athletes who abuse this privilege by utilizing the study hall for non- academic pursuits (video games, TV, phone calls, etc.) will be barred from future PT Study Halls. In the event the study hall conflicts with required attendance at an event during the Evening Activity Time, cadets will not receive PT credit and may attend other study hall periods for credit.

   Cadets on NCAA out-of-season permits are not allowed to attend NCAA Athletic Department's Study Hall.
5) Cadets who have PTs and are on the GIM and not allowed to march have priority for PT details.
6) PT credit will not be given for Rat Challenge station cadre or company cadre. Rat Challenge cadets should attend other Penalty Tour sessions throughout the week.
7) Cadets may perform work details pre-approved by the Commandant's office for PT credit. Only the Commandant or his staff may approve PT details. Each PT work detail is 50 minutes long.
8) Cadets may request to serve room confinement for a specified period to complete required penalty tours with the pre-approval of the Commandant. Room confinement requirements can be found in the *Blue Book*.
9) At the Commandant's discretion, a mandatory penalty tour period may be scheduled on Wednesdays from 0800-0850 for cadets with penalty tours during Commandant's Time.

I. **Dinner Roll Call (DRC)** (1100 – 1300, Mon-Fri). This window of time is cadet time and is for cadets to eat the mid-day dinner meal. There is no DRC formation and cadets move to Crozet Hall on their own schedule based on when they have a free Class Period. Cadets are expected to schedule a lunch period into their day.

J. **Military Duty.** (1540 – NLT 1800 on Mon, Wed, Fri and 1540-1800 on Tue, Thu). This window of military duty is primarily for Intercollegiate Athletics, Club Sports, Rat Challenge, Penalty Tours, and other physical training. Fridays are reserved for parades. Friday parades have priority over other events, with the exception of in-season intercollegiate sports. Unscheduled time reverts to cadet time. For the activities listed below, all practices may begin ten minutes after the last scheduled class period ends for the academic day. Each activity must end its scheduled duty in accordance with paragraph 3.

1) **In-Season NCAA teams** practice Mon – Fri.
2) **Out-of-Season NCAA teams** practice Mon – Thu. Teams that are out-of-season are required to march in any scheduled Friday Parade. In the absence of a scheduled Friday Parade, Teams will be authorized to utilize this time for practice. Following a scheduled Friday Parade, Teams are authorized to use the time from completion of military duty to SRC formation for strength training, fitness training, and individual workouts with coaches.
3) **Club Sports teams** practice Tue– Thu. Cadet club sports are administered and approved by the Commandant. They meet, practice, and compete in accordance with their permit. All club sports cadets march parade on Fridays. The schedule of competition for all club sports must be coordinated through the Commandant. New Cadet Military Training, Rat Challenge, and RDC training takes precedence over club sports for New Cadets, and New Cadets must be approved by permit to miss any New Cadet training in order to attend club sports.

   Rat Challenge (1540 – 1800, Tue and Thu). During the Fall semester through 11 November, all non-NCAA New Cadets participate in Rat Challenge administered by the Department of Human Performance and Wellness (DHPW). Several Rat Challenge events may extend past the 1800 end time, and the DHPW may complete these events while ensuring cadets return to barracks NLT 1845 to ensure hygiene time prior to SRC. In the event of forecasted inclement weather cancelling Rat Challenge on either Tuesday or Thursday, DHPW may use Wednesday as a make-up day. Coordination between DHPW and the Deputy Commandant for Operations (S3) will proceed as follows:

   a. On Monday afternoon prior to 1400, an operational decision will be made to move Tuesday Rat Challenge events to Wednesday Military Duty based on inclement weather concerns.
   b. Similarly, on Wednesday morning prior to 1100, an operational decision will be made to move Thursday Rat Challenge events to Wednesday Military Duty based on inclement weather concerns.
   c. Scheduled Wednesday Military Duty Cadre New Cadet Training will shift backward to Tuesday Military Duty when Rat Challenge is executed on a Wednesday due to Tuesday inclement weather. Wednesday New Cadet Training will shift forward to Thursday Military Duty when Rat Challenge is executed on a Wednesday due to projected Thursday inclement weather.

4) **Release from Quarters (RQ)** (1200 – 1830 SRC, Mon – Fri). Cadets have RQ/General Permit (GP) provided they have full class privileges and do not miss any military or academic duty.

K. **Cadet Activities.** The following cadet activities may be scheduled at the following times:

1) General Committee Activities:
   a. Times allotted for these activities are as follows:
      1) Tuesday evening between 2000-2115
      2) Summons to the General Committee (GC) for adjudication of disciplinary matters are not voluntary and cadets must comply with that summons. If a cadet has a mandatory academic event at the same time as the General Committee meeting, the academic event takes precedence over the GC meeting.
   b. Sweat Parties, and RDC Trials/workouts:
      1) No more than 8x15 minute Sweat Parties may be scheduled and conducted during a rat line.
      2) Times allotted for these activities are Sunday or Tuesday evening between 2200-2230 (may not use both Sunday and Tuesday of the same week).
      3) Designated Saturday mornings between 0800-1200.

2) RDC Activities:
   a. RDC activities are supervised by a member of the Commandant's staff.
   b. RDC Trials:
      1) Select New Cadets that have shown breaches of discipline attend a hearing IAW the White Book.
      2) Times allotted for these activities are Sunday or Tuesday evening between 2200-2230 (1 per week).
   c. Gross Misconduct Workout: These events will consist of a workout for select Rats who are found guilty at an RDC trial.
      1) Times allotted for these activities are Sunday or Tuesday evening between 2200-2230 (1 per week).
   d. RDC-led class events, such as Marches, will be held on designated Saturday mornings between 0800-1200. An event may go beyond noon on Saturday with permission through the Commandant, and the Assistant Superintendent for Operations and Planning, to the Superintendent. (see Para. 3.A. below)

3) New Cadet Training.
   a. Times allotted for these activities:
      1) Wednesday during Commandant Time from 0800-0850.
      2) Wednesday during military duty from 1540-1800

4) Band Practice: Tue and Thur from 1830-1945. Cadets involved in Club Sports need to attend one of the two regimental band and Pipes & Drum practice each week (i.e. one band & one club sport day each week).

5) All events must be coordinated and scheduled through the Assistant Superintendent of Operations and Planning. If a GC meeting, Sweat Party, or RDC trial/workout takes place during any academic time, it must also be scheduled through the Dean's Office using an Event Request Form in 25Live.

L. **Supper Roll Call (SRC)** (1830, Sun – Sat). New Cadets will march to Crozet Hall for this meal. Underclass and 1st Class cadets wishing to eat in the mess hall immediately following SRC formation should march to Crozet Hall.
   1) Crozet Hall is accessible for walk-down and eating from 1730-2000. The Cadre supervised New Cadet march-up from SRC must conclude NLT 1930 in order for new cadets to quickly transition to the Evening Study Period. The 30 minutes of time between 1930 – 2000 is cadet time.
   2) NCAA Stipulations for SRC.
      a. In-Season Athletic teams will attend an SRC formation at the team location no later than 1930.

M. **Evening Study Period (CQ)** (2000 – 2330, Mon – Thu). No mandatory non-academic activities may be scheduled during Evening Study Period without the approval of the Dean of Faculty. The intent of this period is to provide the maximum opportunity for cadets to focus on academic excellence. The period is reserved for study, homework, and preparation of academic requirements. All events during this period must be scheduled through the Dean's Office by submitting an Event Request Form in 25Live at https://25live.collegenet.com/pro/vmi#!/home/event/form. Cadet chain-of-command or class leadership duties may be performed until 2000, and cadet officers and sergeants and class officers may perform individual cadet chain-of-command or class duties until 2115. Any scheduled lectures or make-up classes should not commence prior to 2000 to allow a 30-min transition period (Cadet Time) between the end of SRC and beginning of a lecture/class at 2000. Cadet leaders may not task any cadet to complete any chain-of-command or class duties or requirements during the Evening Study Period.

   1) **Academic Activities** (2000 – 2115, Mon through Thu). Cadets may be required to attend lectures or other academic activities during the academic activities period Monday through Thursday. These activities must end by 2115. Cadets may voluntarily remain to participate in further discussion with the lecturer. Mandatory cadet attendance at an evening lecture requires compensatory class time. Faculty may not routinely schedule a make-up class during Academic Activities period. Faculty must gain approval from the Dean's Office to schedule an academic event during this period. Only academic classes can be mandatory during this time. All other scheduled events are voluntary unless otherwise designated by the Dean's Office.
   2) **Evening Activity Time** (2000 – 2115, Mon through Thu). Cadet voluntary extracurricular activities are administered by the Deputy Commandant and are approved to meet, practice, or rehearse during evening activity time 2000 – 2115 Monday through Thursday. Competitive club teams may not conduct practices or compete during this time unless approved by a permit through the Commandant to the Dean. Any given activity may schedule two meetings per week. Meetings must be voluntary, and must end/cadets must be dismissed NLT 2115 if travel time is required for return to Post.

N. **Call to Quarters – Release in Barracks (CQRB)** (2215 – 2230 Sun – Thu; 2345 – 2400 Fri – Sat) The brief period of the duty day that provides a break in academic studies immediately prior to the conclusion of the duty day at Taps.

O. **Lights Out** (2230, Sun – Thu; 2400, Fri). All cadets must be in their assigned barracks

room or other "All Right" locations if taking Late Study. Cadets may use a desk lamp from 2230-2330 and all overhead lights should be out at 2230.

P. **Taps** (2230). All cadets must be in their assigned barracks room or other "all right" locations if taking late study.

Q. **Late Study.** Authorized in academic buildings and the Barracks Study Room for First and Second Classes until 0130; Third Class until 0030; and new cadets until 2400. Late study restrictions are suspended during fall and spring final examination periods in accordance with permit submitted by the cadet S2 through the Commandant's Office.

R. **Cadet Rest (**2230 – 0600, every day). Cadets must be in their assigned barracks rooms at 2330 unless authorized late study. No First- or Second-Class cadets are authorized outside of their assigned barracks rooms after 0130. No Third-Class cadets are authorized outside of their assigned barracks rooms after 0030. No new cadets are authorized outside of their assigned barracks rooms after 2400. Hygiene (showering) is permitted during cadet rest.

3. **Weekend** (CMD Saturday – 1900 Sun).

A. **1200 Saturday – SRC Sunday**. Superintendent's Time. Designated as Off Duty Time. Any mandatory activities requested to be conducted during this time must be approved through the Assistant Superintendent for Operations and Planning.

B. **Saturday**. Generally, there will be no Corps pre-0800 activities on Saturday. Exceptions include periodic RDC Hero Workouts 0600-0700. New Cadet training (that could require a wake up as early as 0530) and RPT. In-season NCAA teams are authorized to practice or compete on Saturday afternoons in lieu of any military duty. Practices may not begin until completion of Saturday Morning Duty at 1200 unless approved by the Dean; Commandant; and ROTC Department Heads.
There are three kinds of Saturday Morning Duty from 0800 – 1200 designated annually by the Assistant Superintendent for Operations and Planning: Academic Duty, Military Duty and ROTC Duty.

1) **Academic Duty Saturdays.** Academic and academic support departments may schedule academic activities. Other departments or activities may not schedule activities from 0800 – 1200 without the permission of the Dean of Faculty. In coordination with the Office of the Dean, academic departments and academic support departments may schedule mandatory activities for cadets. Academic departments and academic support departments may also schedule any activities involving voluntary cadet attendance during that time. All unscheduled time reverts to Cadet Time.
2) **Military Duty Saturdays.** The Commandant may schedule activities with cadets from 0800 – 1200. Departments and activities other than the Commandant's Office may not schedule activities from 0800 – 1200 without the permission of the Commandant of Cadets. All cadets, regardless of NCAA team status, march Saturday morning parades on home football weekends (unless signed out for an authorized scheduled intercollegiate competition).
3) **ROTC Duty Saturdays.** ROTC departments may schedule activities with cadets

from 0800 – 1200. Departments and activities other than the ROTC departments may not schedule activities from 0800 – 1200 without permission of the ROTC Coordinator.

4) **Release from Quarters (RQ)** (0600 – 0700). Cadet Time, including rest, except as indicated. No VMI program activities are authorized before 0600, except those Rat activities authorized in paragraph 3.b. above.
5) **Remedial Physical Training** (0600 – 0700). Cadets on RPT conduct physical training during this period.
6) **Reveille** (0700). All cadets will attend BRC formation unless authorized an exception.
7) **BRC and Breakfast** (0700 – 0750). No change from BRC on weekdays.
8) **DRC** (1100 – 1300). For Saturday home football games cadets must complete the dinner meal in time for the pre-game march down formation.
9) **Release from Quarters (RQ)** (Completion of Military Duty to SRC; end of SRC to Taps.) RQ/General Permit is in effect for cadets with full class privileges.
10) **Saturday SRC** (1830). New Cadets will march to Crozet Hall for this meal. All other cadets move to Crozet Hall on their own schedule.
    1) Crozet Hall is accessible for walk-down and eating from 1730-2000.
11) **Call to Quarters - Release in Barracks (CQRB)** (2345 – 2400). Unless otherwise authorized, cadets return to barracks before Taps.
12) **Taps** (2400). All cadets must be in their assigned barracks room or other "All Right" location if taking Late Study.
13) **Late Study.** Same as weekdays for First and Second Class (0130). There is no late study for Third Class and new cadets on Saturday night.

C. **Sunday Schedule.**

1) **Release from Quarters** (0600 – 1900 SRC, note 0700 status check). Standard rules in effect.
2) **Optional Brunch** (1000 – 1300, continental breakfast 0830 – 1000).
3) **Voluntary Cadet Activities.** (0600 – SRC). During this time cadets have discretion regarding participation in scheduled activities or events. No mandatory activities may be scheduled prior to 1200. Participation in voluntary cadet activities does not take precedence over other activities or duties such as guard, intercollegiate or club competitions, or the like. In-season NCAA teams are authorized to practice or compete on Sunday afternoons in lieu of any military duty. Practices may not begin until after 1200 unless approved by the Superintendent.
4) **Sunday SRC** (1900). New Cadets will march to Crozet Hall for this meal. All other cadets move to Crozet Hall on their own schedule.
5) See Weekday Schedule for Sunday after SRC.

4. **Guard and Special Duty Requirements**. Cadets may be required to participate in guard and

special duty requirements in accordance with published VMI regulations.
A. In-season NCAA teams are not required to serve on the Guard Team
B. Out-of-season NCAA teams will serve on the Guard Team.

5. **Educational Trips.** Trips may be conducted in accordance with established VMI policy. Mandatory Trip Sections normally do not begin earlier than 0800 and end no later than 1605. Trips that extend outside the 0800 – 1605 window require the sponsor to submit a permit through the Commandant to the Dean for coordination to ensure absences will not interfere with other required duties. Voluntary trips may be scheduled during periods reserved for voluntary cadet activities.

6. **Religious Activities.** As a general rule, optional VMI-sanctioned religious activities may be scheduled from 2000 – 2115.
   A. Prayer breakfasts are authorized to be scheduled on any day of the week.
   B. Supper Bible study is authorized Sunday through Saturday.
   C. Religious activities involving off post churches or locations are authorized on a case- by-case basis via permit and the Blue Book.
   D. Religious Retreats. Cadets may voluntarily participate by permit in one religious weekend retreat per semester; involvement in additional retreats is handled by permit on a case-by-case basis.

7. **Field Training Exercises (FTX).** Field Training Exercises are conducted in the fall and spring during each academic year.
   A. Fall FTX begins at the completion of academic duty on a Friday and ends at 1800 on the following Sunday. For all other cadets, the normal Operating Rules are in effect during that period.
   B. Spring FTXs begin at the completion of academic duty on a Friday and end at 1800 the following Tuesday. All service ROTC units participate in Spring FTXs. Non-commissioning members of the First and Second class and excepted members of the Third and Fourth class participate in activities specified by the Commandant of Cadets during this period.
   C. It is the Superintendent's intent that all cadet athletes in the Fourth and Third Classes participate in at least one FTX (fall or spring) during each of their Fourth- and Third-class years.

8. **Corps Furloughs, Holidays, and Leaves.**
   A. Furloughs and Holidays - Christmas, Spring, Thanksgiving, and Summer Furloughs are addressed in a separate VMI Numbered Memoranda.
   B. Cadet Leave is considered a privilege, and a cadet must be eligible to obtain it. See VMI Blue Book for information pertaining to leave authorization and departure and return times.

9. **Intercollegiate Athletics Home Competitions.**
   A. The Intercollegiate Athletic Department schedules athletic contests within the time frame mandated by the NCAA and the conference master schedules, and in accordance with the Institute Schedule. Contests will be scheduled to avoid the academic day as much as possible. Football is normally played on Saturday

afternoons; Basketball will be scheduled at night and on the weekends; Outdoor sports will schedule contests after the academic day whenever possible and principally on weekends (some events may be scheduled during class time because of limited daylight hours.) Indoor sports will schedule contests after the academic day and on weekends.

B. Scheduling will avoid contests during the exam period or the day or night before a final exam when at all possible. Preference is to provide two days between each athletic event and first exam of athletes.

C. Conference commitments may require some basketball and baseball games to be scheduled during the exam period. The Athletic Director is committed to minimizing these cases. Non-athletes cannot be required to attend these events on Reading Day or during the Final Exam Period.

D. Saturday and Sunday non-football contests will generally not start until 1200, however other NCAA competitions may be scheduled in the mornings of home football game days. Multi-team tournaments may require morning competitions on weekends and holidays.

10. **All Duty Status and Limited Duty Status.**

A. If on All Duty status, Cadets are excused from all duties during a specific time period, which may include academic classes. The following rules apply to "All Duty" status:

1) Only the Superintendent, Dean of Faculty, or Institute Physician is authorized to issue "All Duty" status.

2) When All Duty begins in the middle of a class period, cadets will complete the class period prior to beginning/signing out All Duty. When All Duty ends in the middle of a class period, cadets will sign in from All Duty prior to the start of the class period and must attend the entire class period.

(3) Cadets on NCAA permit - All Duty begins four hours prior to time of game at home and 120 minutes prior to departure for away events. Following a home competition All Duty will end 120 minutes after the completion of the game. Teams returning from away competitions between 2400 – 0200 have All Duty until 1000; teams returning after 0200 have All Duty until 1200. Exceptions must be approved by the Director of Athletics and the Dean of the Faculty.

B. Limited Duty. If on Limited Duty status, cadets must attend academic classes, but are

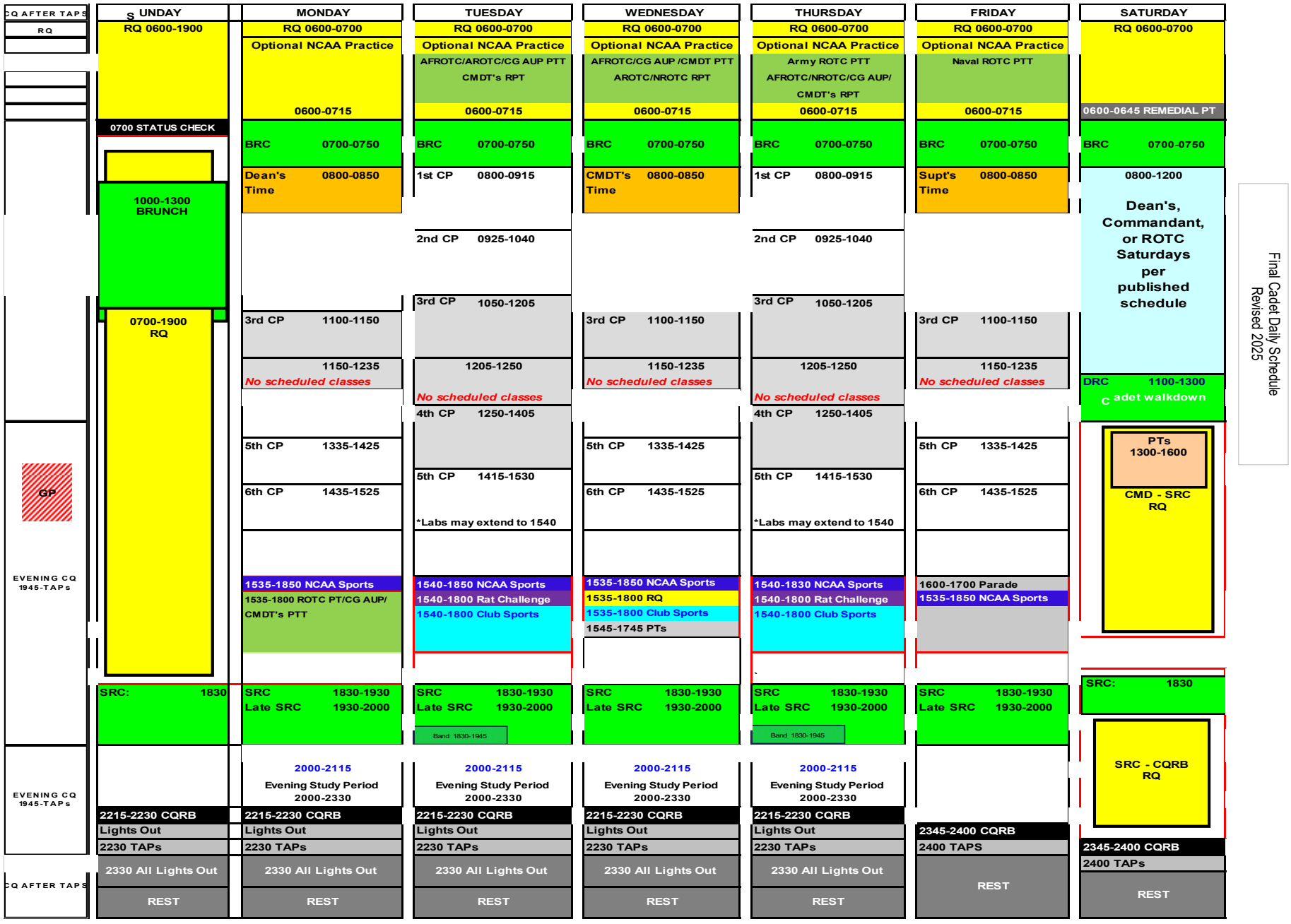
excused from Physical Training Time and activities scheduled during the afternoon Military Duty period. Cadets must attend Commandant's Training Time and all events scheduled during Dean's Time. The following rules apply to "Limited Duty" status:

1) Only the Superintendent, Commandant, or Institute Physician is authorized to issue "Limited Duty" status.
2) NCAA Athlete Limited Duty is authorized the day of an athletic event until All Duty status begins. Limited Duty may start prior to the day of the event with permission of the Commandant.

FOR THE SUPERINTENDENT:

Travis Homiak
Colonel, USMC (Ret.)
Chief of Staff

OPR: IPC
DIST: E, Cadets
Attachments – Annex 1, Daily Cadet Schedule


CQ AFTER TAPS
RQ
EVENING CQ 1945-TAPs
EVENING CQ 1945-TAPs
CQ AFTER TAPS
GP
SUNDAY
RQ 0600-1900
0700 STATUS CHECK
1000-1300 BRUNCH
0700-1900 RQ
SRC: 1830
2215-2230 CQRB
Lights Out
2230 TAPs
2330 All Lights Out
REST
MONDAY
RQ 0600-0700
Optional NCAA Practice
0600-0715
BRC 0700-0750
Dean's Time 0800-0850
3rd CP 1100-1150
1150-1235
No scheduled classes
5th CP 1335-1425
6th CP 1435-1525
1535-1850 NCAA Sports
1535-1800 ROTC PT/CG AUP/ CMDT's PTT
SRC 1830-1930
Late SRC 1930-2000
2000-2115
Evening Study Period 2000-2330
2215-2230 CQRB
Lights Out
2230 TAPs
2330 All Lights Out
REST
TUESDAY
RQ 0600-0700
Optional NCAA Practice
AFROTC/AROTC/CG AUP PTT
CMDT's RPT
0600-0715
BRC 0700-0750
1st CP 0800-0915
2nd CP 0925-1040
3rd CP 1050-1205
1205-1250
No scheduled classes
4th CP 1250-1405
5th CP 1415-1530
*Labs may extend to 1540
1540-1850 NCAA Sports
1540-1800 Rat Challenge
1540-1800 Club Sports
SRC 1830-1930
Late SRC 1930-2000
Band 1830-1945
2000-2115
Evening Study Period 2000-2330
2215-2230 CQRB
Lights Out
2230 TAPs
2330 All Lights Out
REST
WEDNESDAY
RQ 0600-0700
Optional NCAA Practice
AFROTC/CG AUP /CMDT PTT
AROTC/NROTC RPT
0600-0715
BRC 0700-0750
CMDT's Time 0800-0850
3rd CP 1100-1150
1150-1235
No scheduled classes
5th CP 1335-1425
6th CP 1435-1525
1535-1850 NCAA Sports
1535-1800 RQ
1535-1800 Club Sports
1545-1745 PTs
SRC 1830-1930
Late SRC 1930-2000
2000-2115
Evening Study Period 2000-2330
2215-2230 CQRB
Lights Out
2230 TAPs
2330 All Lights Out
REST
THURSDAY
RQ 0600-0700
Optional NCAA Practice
Army ROTC PTT
AFROTC/NROTC/CG AUP/
CMDT's RPT
0600-0715
BRC 0700-0750
1st CP 0800-0915
2nd CP 0925-1040
3rd CP 1050-1205
1205-1250
No scheduled classes
4th CP 1250-1405
5th CP 1415-1530
*Labs may extend to 1540
1540-1830 NCAA Sports
1540-1800 Rat Challenge
1540-1800 Club Sports
SRC 1830-1930
Late SRC 1930-2000
Band 1830-1945
2000-2115
Evening Study Period 2000-2330
2215-2230 CQRB
Lights Out
2230 TAPs
2330 All Lights Out
REST
FRIDAY
RQ 0600-0700
Optional NCAA Practice
Naval ROTC PTT
0600-0715
BRC 0700-0750
Supt's Time 0800-0850
3rd CP 1100-1150
1150-1235
No scheduled classes
5th CP 1335-1425
6th CP 1435-1525
1600-1700 Parade
1535-1850 NCAA Sports
SRC 1830-1930
Late SRC 1930-2000
2345-2400 CQRB
2400 TAPS
REST
SATURDAY
RQ 0600-0700
0600-0645 REMEDIAL PT
BRC 0700-0750
0800-1200
Dean's, Commandant, or ROTC Saturdays per published schedule
DRC 1100-1300
Cadet walkdown
PTs 1300-1600
CMD - SRC RQ
SRC: 1830
SRC - CQRB RQ
2345-2400 CQRB
2400 TAPs
REST
Final Cadet Daily Schedule
Revised 2025