

VMI Summer Transition Program (STP)

Recommended Packing List

Instructions:

Use this checklist when preparing for STP. Most items should be brought from home. Some items may be purchased at the **VMI Bookstore (540-464-7637 | vmi.bncollege.com)**.

The bookstore will be open on **Check-In Day – Monday, 6 July 2026**.

1. Toiletries

- Toothbrush / Toothpaste / Floss
- Razor and Shaving Cream
- Deodorant / Antiperspirant
- Sunscreen (tube or bottle)
- Lip Balm
- Face or Body Lotion
- Personal Prescriptions / Required Medications
- Shower Items
 - Plain white washcloth
 - Soap
 - Shampoo / Conditioner
- 4–5 White Towels (approx. 27" × 54")
- Feminine Hygiene Products (if required)
- Hair clips / hair ties / bobby pins matching natural hair color (if required)
- Jewelry / Makeup (authorized; body-piercing adornments not permitted)
- Laundry Detergent
- Dryer Sheets
- Laundry Bag
- Optional: Shower Caddy / Hygiene Bag

2. General Items

- 2 White Twin XL Flat Sheets (no elastic)
- Blanket or Comforter (dark solid color, Twin XL)
- Pillow
- 1–2 Pillowcases
- Desk Fan (12" diameter or smaller – **strongly recommended**)
- Black Digital Watch
- Alarm Clock (do not rely on a phone)
- Swim Goggles
- Optional: Black Hydration System (1.5L Camelbak, Blackhawk, or equivalent)
- If no hydration system: Water Bottle (32 oz – 1 liter)
- Optional: Brita Water Filter
- Basic Room Cleaning Supplies (dust cloth, sink cleaner)
- Black Shoe Polish (Kiwi or equivalent)
- White Cotton Rag (for polishing)

Recommendation: Label personal property with your name prior to arrival. VMI is not responsible for lost or missing items.

3. General Clothing

- 1 Pair Running Shoes
- 8–10 Pair White Athletic Socks (plain white, ankle or crew length, **no visible logos**)
- 3–4 Sets Casual Wear (must comply with dress code)
- 5–7 Pair Black Dress Socks (for low-quarter shoes)
- 5–7 Pair Black Boot Socks (over-the-calf)
- 1–2 Sets Athletic Gear (shirt and mid-thigh shorts)
- Black Compression Shorts (recommended)
- Shower Shoes (Crocs or rubber thong sandals)

4. Clothing Restrictions

- No see-through clothing
- No low-cut shirts
- No sleeveless shirts
- No crop tops
- Tank tops, cut-offs, plain white undershirts, perforated shirts, and other sleeveless shirts are **not authorized**

5. Male Students

- 5–6 Polo or Button-Down Shirts
- 5–6 Pair Khaki Shorts
- 5–6 White T-Shirts
- 10 Pair White Underwear (boxers / boxer briefs / briefs)
- Traditional Swim Trunks (navy or black)

6. Female Students

- 5–8 White Sports Bras (high-impact recommended)
- 5–6 Pair Khaki or Jean Shorts (mid-thigh)
- Optional: Modest Skirt or Dress (mid-thigh, no spaghetti straps)
- Conservative One-Piece Swimsuit

7. Academic Supplies

- Black Fabric Briefcase-Style Computer Bag (**not a backpack**)
- Academic Planner
- Laptop Computer or iPad
(*Laptop or monitor may not exceed 32 inches measured diagonally*)
- Pens / Pencils
- Notebooks
- Binders
- Calculator
- Highlighters
- Flash Drive

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