This document was created to serve as an informational and visual guide for parents, cadets, and others about food containers and meals provided from Crozet Hall and Parkhurst Dining Services for VMI cadets. The goal being, to be fully transparent and eliminate confusion on what meals are being provided, along with how they are provided, to cadets on Post and those in quarantine and isolation due to COVID-19.

*NOTE: QI = Quarantine and Isolation

**Crozet Hall Items:** Cadets eating in Crozet Hall have the option to dine-in or grab food-to-go. Each cadet is provided the necessary plates, cups, utensils, and to-go carriers depending upon their preference.

**Hot QI Meal Container:** Hot meals being served to cadets in quarantine and isolation contain the same food items served on the hot line in Crozet Hall that day. View the [online menu](#) for a full list of upcoming meals being prepared in Crozet for the current week.

**Cold QI Meal Container:** Depending upon the meal, the cold meal box contains options such as juice, yogurt, fruit, pop tarts, salad, cookies, sandwiches snacks (potato chips, Chex Mix), condiments, water, juice, Gatorade, etc.

**Insulated Container:** Cadets will see the insulated container in both the Hot and Cold QI Meals depending upon the meal options being served that day.

As always, our team knows the importance of nutrition, a balanced meal, and providing high quality customer service to all VMI cadets.

RAH VIRGINIA MIL!

Questions? Contact the Auxiliary Services Team at auxservices@vmi.edu

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