

INSTRUCTIONS FOR MEDICAL REQUIREMENTS FOR APPOINTED STUDENTS

All medical forms MUST BE uploaded through the Mediat Portal at <https://vmi.medicatconnect.com> for the VMI physician to review. Please DO NOT upload medical forms to VMI Admissions.

STEP 1: REGISTER YOURSELF IN THE MEDICAT PORTAL

- Click the **REGISTER** button to create your username.
 - a. Once you've clicked **SUBMIT**, you will receive an email with a link to create your password.

IMPORTANT NOTE: The email to set up your password will be sent to the email you used to apply to VMI. If you do not receive an email within 24 hours, please check your junk or spam folders first and then contact the **VMI Infirmary** at **540-464-7218** or infirmaryadmin@vmi.edu if you need further assistance.

- Create your password. Your password MUST include:
 - A minimum of 5 characters
 - A special character
 - A mix of letters and numbers
 - A mix of upper and lower case

STEP 2: COMPLETE REQUIRED FORMS ACCORDINGLY

All required medical forms can be found on the [Required Forms After Appointment webpage](#) on VMI.edu, and these forms are included in the student's official VMI appointment packet that is mailed.

IMPORTANT NOTES:

- **Submission of all VMI medical forms is required before a medical decision can be made and a full reservation obtained.** *If it is determined that you do not meet VMI fitness standards, your \$300 deposit will be refunded.*
- **Each item on ALL forms MUST be completed, and any positive answer on the online “VMI Health History” or “Physical Examination Form” must be fully explained.** *This is necessary not only for evaluation of your ability to meet VMI fitness standards, but also to assist our Infirmary Staff should you become ill or injured during your cadetship.*
- **Failure to report previous physical ailments or defects will be grounds for termination of your cadetship with forfeiture of appropriate tuition and fees. Additionally, a cadet who, because of the recurrence of a pre-cadetship disorder, cannot participate fully, safely, and successfully in all aspects of cadet life will be re-evaluated to determine his or her suitability to continue as a cadet.**
 - Similarly, providing inaccurate or misleading information on any medical form is a basis for denial of admission at matriculation, and termination of your cadetship if discovered in later years.
 - It is your responsibility to report any new illness or injury that occurs AFTER submitting your medical forms.

➤ **Medical forms that need to be completed by a Health Care Provider:**

A signature from the health care provider is required on EACH form below.

- ✓ **Physical Examination Form**
- ✓ **Body Fat Measurement Form**
- ✓ **Immunization Record** [Health Care Provider OR nurse]
- ✓ **Medical Release (Certification of Understand) Form**

➤ **Medical forms completed by Appointed Student:**

- ✓ **Online VMI Health History** (Complete within MedicaT Portal)
- ✓ **Cadet Health Insurance Form**

(More details about each form in the Medical Records Checklist – Page 3)

NAVIGATING THE MEDICAT PORTAL

<https://vmi.medicatconnect.com>

Once logged in:

1. Select “**Forms**” to complete your **Online VMI Health History**
2. Select “**Immunizations**” and manually enter the dates from either the Immunization Record completed by your health care provider or childhood immunization records.
 - a. **IMPORTANT NOTE:** This step is required in addition to uploading the **Immunization Record**
3. **Upload** your completed medical forms (from Step 2):
 - a. Physical Examination Form
 - b. Body Fat Measurement Form
 - c. Immunization Record
 - d. Medical Release Form
 - e. Cadet Health Insurance Form
4. Select **Insurance**, enter your insurance company information and upload copy (or photo) of both sides of your health insurance card.

MEDICAL RECORDS CHECKLIST FOR APPOINTED STUDENTS

All medical forms MUST BE uploaded through or completed within the Medicat Portal at <https://vmi.medicatconnect.com>. Please DO NOT upload medical forms to VMI Admissions.

➤ MEDICAL FORMS THAT NEED TO BE COMPLETED BY HEALTH CARE PROVIDER:

A signature from the health care provider (MD/DO/NP/PA) is required on **EACH** form below.

- ☐ **Physical Examination Form**
 - ALL SECTIONS MUST BE COMPLETED (INCLUDING VISION)
 - Blood pressure and pulse MUST be recorded
 - Physical MUST be performed within six (6) months prior to submission of this form
 - Health care provider must answer yes or no to Marfan question
 - Health care provider signature required
- ☐ **Body Fat Measurement Form**
 - Required for ALL conditionally appointed applicants
 - Health care provider, Certified Fitness Professional or High School Athletic Trainer signature required
- ☐ **Immunization Record**
 - Immunizations MUST be recorded on VMI form or copies of childhood immunization records must be uploaded
 - Tdap MUST be within last 10 years
 - COVID Vaccines are highly recommended
 - Health Care Provider (or Nurse) signature required
- ☐ **Medical Release (Certificate of Understanding) Form**
 - All required six lines must be completed or form cannot be processed

➤ MEDICAL FORMS COMPLETED BY APPOINTED STUDENT:

- ☐ **Online VMI Health History**
 - Complete within Medicat Portal; not a paper form
 - Follow instructions from page 2 under **IN THE MEDICAT PORTAL** section
- ☐ **Cadet Health Insurance Form**
 - Parent/Guardian signature required
 - Copy (or photos) of the front and back of current health insurance card required with completed form.
 - **RECOMMENDATIONS:**
 1. Purchase a personal health insurance policy if you ARE NOT covered by your parent's health insurance policy.
 2. If you ARE covered by your parents' policy, check to make sure your current plan provides coverage while you are at VMI. Frequently, HMO type plans require referrals from. Primary Care Physicians or care from an in-network provider which may not be possible while you are at VMI.