

VIRGINIA MILITARY INSTITUTE

LEXINGTON, VIRGINIA 24450-0304

MEMORANDUM TO: Appointees to the VMI Class of 2026, Parents,
And Examining Physician

SUBJECT: VMI Medical Forms and Physical Qualifications

THE FOLLOWING INFORMATION SHOULD BE CAREFULLY NOTED AND REFERRED TO AT THE TIME OF THE PHYSICAL EXAMINATION:

1. **Submission of VMI medical forms is required by the expiration date of your Offer of Appointment.** It is important that your medical forms are reviewed by the Institute Physician as soon as possible. Please refer to the "Instructions for Medical Requirements" for details regarding how to submit your medical information. **YOUR PHYSICAL MUST BE WITHIN THE LAST SIX (6) MONTHS. It is your responsibility to report any new illness or injury that occurs after submitting your medical forms.**

2. **Each item on all forms must be completed, and any positive answer on the online "VMI Health History" or "Physical Examination Form" must be fully explained.** This is necessary not only for evaluation of your ability to meet VMI fitness standards, but also to assist our Infirmary staff should you become ill or injured during your cadetship.

3. It is strongly recommended that you purchase a personal health insurance policy if you are not covered by your parent's health insurance. **Before you arrive at VMI, you should check with your health insurance company to make sure your current plan provides coverage while you are at VMI. Frequently, HMO type plans require referrals from Primary Care Physicians or care from an in network provider which may not be possible while you are at VMI.** Please provide all health insurance information requested on the enclosed form.

4. If it is determined that you do not meet VMI fitness standards, your advance deposit will be refunded.

5. **Failure to report previous physical ailments or defects will be grounds for termination of your cadetship with forfeiture of appropriate tuition and fees. Additionally, a cadet who, because of a recurrence of a pre-cadetship disorder, is not able to participate fully, safely, and successfully in all aspects of cadet life will be re-evaluated to determine his or her suitability to continue as a cadet.**

6. **Similarly, providing inaccurate or misleading information on any medical form is a basis for termination of your cadetship, and, in some cases, denial of admission at matriculation.**